

TIPS TO MAKING THE TEAM

- Look the part. Pants, jersey (always tucked in), hat (always worn correctly--not backwards).
- Wear a jersey from the team that you play on --if possible with your name on the back.
- Be the first to volunteer to help get equipment out or put away.
- Be the first to hustle to each station or position. Never jog lackadaisically anywhere on the field.
- Always pay attention and ask questions.
- Respond to the coaches with respect. Use 'yes sir' and 'no sir.'
- Do not respond to instruction with "I know". If you knew, why didn't you do it right the first time?
- Do not be afraid to get dirty. Laying out for balls and sliding impresses coaches.
- Be a great bunter -- work at it.
- Attend any camps that the high school coach puts on.
- Have all of your paperwork done on time: physicals, insurance forms, parental permission, etc.
- Be 15 minutes early to every workout.
- Make sure that you have good grades --coaches do grade checks.
- Never miss any workouts. If an emergency occurs and you are unable to make a practice, make sure and call your coach ahead of time and not after the fact.
- Take great care of your equipment. Hang your bag or put it neatly away, do not leave your stuff lying around.
- Have a great attitude and be coachable.
- Respect the game as much as you want to be respected.
- Study the history of the game.
- With very few exceptions, your parents do not know more than your coaches.
- Body language is very important. Don't sag your shoulders, shake your head, throw equipment, etc.
- When you stretch do not just go through the motions.
- Be realistic about your ability but never give up. Hard work and effort will pay off.